

## TOY LIBRARY

Our toy library is open every Friday from 9am - 1.30pm at the Perth Community Centre. Enrolment is just \$21 annually which enables you to borrow 3 items per child per fortnight. With a charge for larger items for Birthday parties.

We have a range of educational resources and toys, games, construction, bikes, socio-dramatic play, puzzles, books. With newer items recently ordered arriving shortly.

## Clothing

As the weather is getting increasingly colder please ensure that your child/ren bring a jacket to care. Even though the weather is colder we will still be heading outdoors to play, it is a great idea to wear or bring gumboots for those wet days. Please remember to pack a spare set of clothes in your child's bag.

## Children's belongings

Please remember to label all your children's belongings for example bottles, dummies, jumpers, socks, shoes, lunch boxes and especially children's bags, as items which are unlabelled tend to become lost.

## Immunisation Reminder

Have you remembered to submit your child's current immunisation status with your Service. It is a legal requirement for all centres' within Australia to keep up to date records on children attending centres.

## HEALTHY LUNCH BOX OPTION

### Cranberry & Apricot Muesli Bars

#### Ingredients

1/2 cup Canola or olive oil

2 tbs honey

1/3 cup apple juice

1/2 cup cranberries

1/2 cup diced dried apricots

1 cup of quick oats

1 cup of sunflower and pepita seed mix

2/3 cup of plain flour

2tbs raw sugar

#### METHOD

Combine spread, honey, apple juice, cranberries and apricots in a small saucepan. Place over medium heat until spread is melted, stirring occasionally.

Bring to the boil, then reduce heat to low and simmer uncovered for 5 minutes. Remove from heat, cool 15 minutes.

Preheat oven to 180 degrees. Grease and 18cm x 28cm slice pan with cooking spray and line with baking paper to cover base and extend up sides of pan.

Combine oats, seed mix, flour, sugar in a large bowl add dried fruit mixture and mix thoroughly.

Press mixture firmly into prepared pan

Bake in oven for about 25 minutes or until slice is light golden. Remove from oven and cool.

Lift slice from pan using lining paper and cut into bars.

<http://www.healthykids.com.au>



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# May/June Family Newsletter

Welcome to the May Family Newsletter. We have had an exciting and busy few months with so much going on, as you will be able to see from the reports from each Service.

As you would have noticed we have had some changes happening within our Midlands Kids Club Service, these changes came about from a recent risk assessment with Council's WHS officer, Michael Higginson. We have been working with Michael to ensure a high quality of education and care, to ensure that the safety of children is paramount. We would like to thank all families for welcoming these changes with a very smooth transition to new procedures and practices.

We are very excited to get notification of our upcoming Assessment and Rating Visit, from Education and Care. We find this process exciting and a time to be able to reflect on our current practices and looking at ways to improve what we currently do. We will keep you informed with the date that the visit will take place.

Please also find attached a copy of our new Health and Nutrition Policy. We have spent a great deal of time and training working with a dietician to complete this. Please sign and bring back the acknowledgement that you have read this policy.



## What's Been Happening at our Services

### Perth

Whilst playing in the outdoor learning environment the children spontaneously decided it would be great fun to hide in the leaves, children enjoyed taking turns in hiding under the leaves, as educators raked leaves over the children.

We have been exploring and learning a number of concepts such as, pre-numeracy skills such as counting sequences from 1-10 and number recognition. Children have been engaging in various number and counting experiences during our indoor provision times and during group times such as games, coloured counters and number collages.

We have been extending a child initiated activity which we have started our own growth chart. This began by a child measuring them self next to a tower they had made using mega blocks. The children are excited to see how tall they are.

### Cressy



Last month the children made Anzac biscuits and learned that these biscuits were made a long time ago as a treat for the soldiers who were away protecting our country. The children tried really hard to remember the names of the biscuits. It was an enjoyable day and as well as having a special afternoon tea, the children had a gift bag of biscuits to give to their parents at pickup time.

### Avoca

What a busy few months it has been at Avoca. In February we welcomed Ruby who has recently moved here from sunny Queensland.

Currently we are focussing on exploring numbers and colours. We have been engaging in experiences to recognise the numbers 1—5 and counting sequences 1—5 and 1—10 and counting one-to-one correspondence. We began exploring numbers whilst learning and focussing on Nursery Rhymes.

Whilst exploring Nursery Rhymes we engaged in a number of experiences focussing on a different nursery rhyme each week, such as Humpty Dumpty, Insy Wincy Spider, 5 little ducks, Twinkle Twinkle and the Wheels on the bus. In the photo below we are painting our big red bus, We have had a fantastic time playing in this, but sadly it is nearly time for it to be taken to the wreckers for spare parts.

We are also learning about colours recognising them in our familiar learning environments, their names as well as learning what happens when colours are mixed. We have enjoyed playing a game of bingo learning our colours, as well as using flash cards.



### Midlands Kids Club

During after school care children have been busy engaging in craft, using a number of different recycled resources including boxes, cups, plates and cutting up magazines. Children are given the opportunity to make their own decisions about what they choose to use to be creative with. Chalk drawings on black Cardboard is another popular experience lately as requested by children.

Construction is always popular with many of the boys in our service, they like using the Lego and Zoobs. We frequently change the construction experiences to further extend and challenge the children, currently we have done this using the giant polydron set, with children building some fantastic constructions such as a house and a space suit.

Dramatic play has been very popular with the girls in the service; the last few weeks' children have been using the cooking utensils and cultural set to cook the educator's lovely meals and cups of tea. Children have been busy making cubby houses using the big cushions and sheets have been added to extend children's play.

Since our last Vacation care Program children have been playing Monopoly Empire most afternoons.

We have been enjoying the last parts of the sun outside before it gets too cold by kicking the football, playing tag, soccer, talking to the younger children next door or by participating in group games.

