

Health Revival LONGFORD



Longford Sports Centre

8 Burghley Street LONGFORD TAS 7301

♥ Fully Equipped Gym

- 🏆 FREE Programs for all Members!
- 🏆 5am -11pm Fob Key Access, 7 days a week!
- 🏆 We cater for FAMILIES!
- 🏆 Private Health Rebate Registered!
- 🏆 We specialise in Children & Seniors!
- 🏆 Use of the Squash Courts & all classes included in Membership!
Squash/Badminton/Netball rosters are a separate cost

♥ Fitness Classes:

- 🏆 Wildcard
- 🏆 X-Aerobics
- 🏆 Pilates
- 🏆 Boxing/Bootcamp (Longford, Hadspen, Cressy)
- 🏆 Conditioning
- 🏆 Tae-Bo
- 🏆 Running Groups
- 🏆 Aqua *seasonal

♥ Healthy Heart / Living Longer Living Stronger

- 🏆 Classes designed for over 45 year olds to increase balance, strength, fitness, & health!

♥ **Personal Training Specialists** –\$50/60 min PT Session or \$30/30 min PT Session

♥ **Remedial Massage** –\$60/60 min \$40/30 min Massage –claimable on Private Health

♥ **Ladies Netball Roster** –Monday's 6:30pm \$10 per player

♥ **Junior Netball** – Wednesday's 3:15pm -4:15pm

- 🏆 After school program for ages 4 – 12
\$5.00 per child or \$8.00 per family

♥ **Badminton** –Tuesday's 7pm -9pm Pay to play per game –rostered season

♥ **Squash** –Thursday's 5pm -9pm Pay to play per game –rostered season

♥ **Youth Program** –Friday's 6pm -8pm

OUR MEMBERSHIP PRICES:

Phone: (03) 6391 1055 Email: info@healthrevival.com.au

FOB KEY DEPOSIT \$25.00

Single Membership

\$25.00/Fortnight Direct Debit

\$150.00 3 Months Membership

\$500.00 12 Months Membership

\$10.00 Casual

NO CONTRACT

Family Membership

\$35.00/Fortnight Direct Debit FAMILY

\$250.00 3 Months FULL FAMILY

\$600.00 12 Months FULL FAMILY

Living Longer Membership

\$15.00/Fortnight D/Debit

\$300.00 12 Months \$500.00

\$5.00 Casual

First Class Free!

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